

Anbefalt litteratur; PROPSY310 Kultur, helse og utvikling - høst 2017

Tema 1: Samfunn og kultur

Bøker/artikler (finnes gjennom www.uib.no/ub)

Arnett, J. (2008). The neglected 95%: Why American psychology needs to become less. American. *American Psychologist*, 63, 602-614.

Henrich, J. Heine, S. J., & Norenzayan, A. (2010). The weirdest people in the world? *Behavioral and Brain Sciences*, 33, 61 – 135

Sam, D. L., & Berry, J. W. (2010). Acculturation: When Individuals and groups of different cultural backgrounds meet. *Perspectives on Psychological Science* 5, 472-481

Smith, P. B., Bond, M. H., Kagitcibasi, C. (2006). Understanding social psychology across cultures. Chapters 3 & 4 pp. 30 -56 Thousand Oaks: Sage

Bokutdrag/artikler (vil bli å få kjøpt i litteraturkiosken.[uib.no](http://www.uib.no))

Berry, J. W., Poortinga, Y. H., Breugelmans, S. M., Chasiotis, A., & Sam, D. L. (2011). Cross-cultural psychology: Research and applications Chapters 1 & 4, pp 1 – 32; 84 – 109. Cambridge: Cambridge University Press

Berry, J. W., & Sam, D. L. (2014). Multicultural societies. In V. Benet-Martinez & Y-Y Hong (Eds). *The Oxford handbook of multicultural identity*. Pp 97 – 117. Oxford: Oxford University Press

Materiale som er åpent på nettet

He, J., & van de Vijver, F. (2012). Bias and Equivalence in Cross-Cultural Research. *Online Readings in Psychology and Culture*, 2(2). <http://dx.doi.org/10.9707/2307-0919.1111>

Tema 2: Samfunn, individ og helse - sosial støtte, selvregulering og positiv utvikling

Bøker/artikler (finnes gjennom www.uib.no/ub)

Aarø, L.E., & Flisher, A. J. (2012). Health Behaviour in Context. In B. Wold & O. Samdal (Eds.), *An Ecological Perspective on Health Promotion Systems, Settings and Social Processes* (pp. 17-33). Bentham Science Publishers.

Mittelmark, M.B. (2012). From Associations to Processes. In B. Wold & O. Samdal (Eds.), *An Ecological Perspective on Health Promotion Systems, Settings and Social Processes* (pp. 11-16). Bentham Science Publishers.

Moore, L., de Silva-Sanigorski, A., & Moore, S.N. (2013). A socio-ecological perspective on behavioural interventions to influence food choice in schools: alternative, complementary or synergistic? *Public Health Nutrition*, 16(6), 1000 – 1005. doi: 10.1017/S1368980012005605.

Samdal, O., & Wold, B. (2012). Introduction to Health Promotion. In B. Wold & O. Samdal (Eds.), *An Ecological Perspective on Health Promotion Systems, Settings and Social Processes* (pp.3-10). Bentham Science Publishers.

Bokutdrag/artikler (vil bli å få kjøpt i litteraturkiosken.uib.no)

Green, L.W., & Kreuter, M.W. (2005): *Health Program Planning. An Educational and Ecological Approach*. New York, NY: McGraw-Hill Companies. Chapter 1.

Materiale som ligger fritt tilgjengelig på nettet

Project GPS “Building Goal Management Skills to Strive”. Goal Selection, Pursuit of Strategies & Shifting Gears. (2011) Thrive Foundation for Youth.

<http://stepitup2thrive.org/downloads/6-tufts/6.1-GPS-book1.pdf>

(This is a manual about some practical ways to select, pursue and achieve goals; a joint project by the Institute for Applied Research in Youth Development (IARYD) of the Eliot-Pearson Department of Child Development at Tufts University and the Thrive Foundation for Youth of Menlo Park, California; Prof. Richard Lerner is the head of IARYD).

Ekstra litteratur for de som er interessert

Bøker (kjøpes av studenten, eller lånes på biblioteket)

Deci, E. L., & Ryan, R. M. (2012). Motivation, Personality, and Development Within Embedded Social Contexts: An Overview of Self-Determination Theory. In R.M. Ryan (Ed.) *The Oxford Handbook of Human Motivation*, (pp. 85-107). Oxford, UK: Oxford University Press.

Tema 3: Risiko- og beskyttelsesfaktorer

Bøker (kjøpes av studenten, eller lånes på biblioteket)

Kraft, P. (2014). *Selvregulering*. Oslo: Universitetsforlaget, 2014, kap. 1-10, i alt 202 sider.

Bøker/artikler (finnes gjennom www.uib.no/ub)

Fletcher, D. & M. Sarkar (2013). Psychological resilience: a review and critique of definitions, concepts, and theory. *European Psychologist* 18(1), 12-23.

Tema 4: Longitudinelle forskningsdesign og livsløpsforskning

Bøker/artikler (finnes gjennom www.uib.no/ub)

Alwin, D. F. (2012). Integrating Varieties of Life Course Concepts. *Journals of Gerontology Series B-Psychological Sciences and Social Sciences*, 67(2), 206-220.

doi:10.1093/geronb/gbr146

Arnett, J. J. (2000). Emerging adulthood - A theory of development from the late teens through the twenties. *American Psychologist*, 55(5), 469-480. doi:10.1037//0003-

066x.55.5.469

Duncan, T. E., & Duncan, S. C. (2004). An introduction to latent growth curve modeling. *Behavior Therapy*, 35(2), 333-363. doi:10.1016/s0005-7894(04)80042-x

Nagin, D. S., & Odgers, C. L. (2010). Group-Based Trajectory Modeling (Nearly) Two Decades Later. *Journal of Quantitative Criminology*, 26(4), 445-453. doi:10.1007/s10940-

010-9113-7