

ANBEFALT LITTERATUR

PROPSY303/ PSYCH303 Biologisk psykologi/ medisinsk helse psykologi

Høst 2017

Hver tittel på litteraturlisten er markert med én av følgende fargekoder:

0 - Ressursen finnes åpent på nettet, eventuelt også gjennom Oria (bibliotekets søkesystem)

1 - UiB betaler allerede for ressursen, - finnes gjennom søk i Oria

2 - Boken må kjøpes, eventuelt lånes/brukes på biblioteket

3 - Artikkelen/bokutdraget vil bli å få kjøpt i Litteraturkiosken.no

PROPSY303 Biologisk psykologi

Bryan Kolb og Ian Q. Whishaw: An Introduction to Brain and Behavior (5th Edition)

Macmillan International Edition

ISBN-13: 781-4292-422-88

ISBN-10: 1-4292-4228-0

Comment [JG1]: 5. utgaven er foretrukket, men 4. utgaven fremdeles vil være mulig å bruke.

Mark A. Gluck, Eduardo Mercado og Catherine E. Myers: Learning and Memory – From Brain to Behavior (Third Edition)

Macmillan International Edition

ISBN-13: 978-4292-4014-7

ISBN-10: 1-4292-4140-8

Comment [JG2]: 3. utgaven er foretrukket, men 2. utgaven fremdeles vil være mulig å bruke.

John L. Andreassi (2007) Psychophysiology: Human Behaviour and Physiological Response. Routledge.

ISBN 0-8058-4951-3 (paperback)

STØTTELITTERATUR:

Olav Sand, Øystein V. Sjaastad & Egil Haug, Jan G. Blålie.: Menneskekroppen – fysiologi og anatomi (2006) Gyldendal akademisk

ISBN/EAN: 9788205348073

Per Brodal. Sentralnervesystemet 5. utg. (2013) Universitetsforlaget

ISBN: 9788215021126

Fredrick Toates. Biological Psychology 3rd ed. (2011) Pearson Education Limited

EAN: 978-0-273-73499-4

David Linden. Biology of Psychological Disorders (2011) Pearson Education Limited

EAN: 9780230246409

ARTIKLER:

Psykoendokrinologi

Lupien SJ, McEwen BS, Gunnar MR, Heim C. Effects of stress throughout the lifespan on the brain, behaviour and cognition *Nature reviews.* , 2009, Vol.10(6), p.434-445

Psykoimmunologi

Dantzer, R. (2005). Somatization: A psychoneuroimmune perspective. *Psychoneuroendocrinology*, 30(10), 947-952. doi:DOI 10.1016/j.psyneuen.2005.03.011)

Exton, M. S., von Auer, A. K., Buske-Kirschbaum, A., Stockhorst, U., Göbel, U., & Schedlowski, M. (2000). Pavlovian conditioning of immune function: animal investigation and the challenge of human application. *Behavioural Brain Research*, 110, 129-141.

Søvn

Grønli, J. & Ursin, R. Basale søvnmekanismer. *Tidsskr Nor Lægeforen* (2009) 129 (17), 1758-61. doi: 10.4045/tidsskr.08.0465

Annen anbefalt fordypningslitteratur legges ut på nett (MittUiB)

Recommended literature PSYCH303/PROPSY303 – Medical Health Psychology Autumn 2017

Stress, illness and health I and II

Eriksen, H. R., Helleenes, B., Staff, P., & Ursin, H. (2004). Are subjective health complaints a result of modern civilization? *International Journal of Behavioral Medicine*, 11(2), 122-125. doi:10.1207/s15327558ijbm1102_9

Murison, R. (2016). The Neurobiology of Stress. In *The Neuroscience of Pain, Stress and Emotion*. M. al'Absi, and M. A. Flaten (eds). Amsterdam, Elsevier: 29-49.

Overmier, J. B., & Murison, R. (2013). Restoring Psychology's Role in Peptic Ulcer. *Applied Psychology: Health and Well-Being*, 5(1), 5-27. doi:10.1111/j.1758-0854.2012.01076.x

Ursin, H., & Eriksen, H. R. (2010). Cognitive activation theory of stress (CATS). *Neuroscience and Biobehavioral Reviews*, 34(6), 877-881. doi:10.1016/j.neubiorev.2009.03.001.

Low back pain – shit happens?

Rainville, J., Smeets, R. J., Bendix, T., Tveito, T. H., Poiraudau, S., & Indahl, A. J. (2011). Fear-avoidance beliefs and pain avoidance in low back pain--translating research into clinical practice. *Spine J*, 11(9), 895-903.

O'Sullivan, P. (2011). It's time for change with the management of non-specific chronic low back pain. *Br J Sports Med* 2012;46:4 224-227 Published Online First: 4 August 2011
doi:10.1136/bjsm.2010.081638. <http://www.jamesdavisphysio.co.uk/wp-content/uploads/downloads/2013/11/03-Osullivan-2011-Time-for-a-change.pdf>

Post-traumatic stress disorder

Bisson, J.I., Cosgrove, S., Lewis, C., & Robert, N.P. (2015). Post-traumatic stress disorder. *BMJ* 351:h6161, doi: 10.1136/bmj.h6161.

Keane, T. M., Marshall, A. D., & Taft, C. T. (2006). Posttraumatic stress disorder: etiology, epidemiology, and treatment outcome. *Annu Rev Clin Psychol*, 2, 161-197.FULL-TEXT.

Norris, F. & Slone, L. (2013). Understanding Research on the Epidemiology of Trauma and PTSD. *PTSD Research Quarterly*, 24(2-3), 1-5.

Yehuda, R. (2002). Post-traumatic stress disorder. *N Engl J Med*, 346(2), 108-114.

D. Edmondson, I. M. Kronish, J. A. Shaffer, L. Falzon, and M. M. Burg. (2013). Posttraumatic stress disorder and risk for coronary heart disease: a meta-analytic review. *Am.Heart J.* 166 (5):806-814, 2013.

Chronic Fatigue Syndrome

Brurberg, K. G., Fonhus, M. S., Larun, L., Flottorp, S., & Malterud, K. (2014). Case definitions for chronic fatigue syndrome/myalgic encephalomyelitis (CFS/ME): a systematic review. *BMJ Open*, 4(2), 2013-003973. <http://www.ncbi.nlm.nih.gov/pubmed/24508851>

Committee on the Diagnostic Criteria for Myalgic Encephalomyelitis/Chronic Fatigue Syndrome; Board on the Health of Select Populations; Institute of Medicine. *Beyond Myalgic Encephalomyelitis/Chronic Fatigue Syndrome: Redefining an Illness*. Washington (DC): National Academies Press (US); 2015 Feb. <http://www.ncbi.nlm.nih.gov/pubmed/25695122>

Knudsen, A. K., Omenas, A. N., Harvey, S. B., Lovvik, C. M., Lervik, L. V., & Mykletun, A. (2011). Chronic fatigue syndrome in the media: a content analysis of newspaper articles. *JRSM Short Rep*, 2(5), 25. <http://www.ncbi.nlm.nih.gov/pubmed/21637403>

Larun L, Brurberg KG, Odgaard-Jensen J, Price JR. Exercise therapy for chronic fatigue syndrome. *Cochrane Database of Systematic Reviews* 2015, Issue 2. Art. No.: CD003200. DOI:

10.1002/14651858.CD003200.pub3.

<http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD003200.pub3/full>

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Larun, L., & Malterud, K. (2007). Identity and coping experiences in Chronic Fatigue Syndrome: a synthesis of qualitative studies. *Patient Educ Couns*, 69(1-3), 20-28.

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Wyller, V., Eriksen, H., & Malterud, K. (2009). Can sustained arousal explain the Chronic Fatigue Syndrome? *Behavioral and Brain Functions*, 5(1), 10. <http://behavioralandbrainfunctions.biomedcentral.com/articles/10.1186/1744-9081-5-10>

Gastrointestinal psychosomatics

Mørch, K., Hanevik, K., Rortveit, G., Wensaas, K.-A., Eide, G., Hausken, T., et al. (2009). Severity of Giardia infection associated with post-infectious fatigue and abdominal symptoms two years after. *BMC Infectious Diseases*, 9(1), 1-9.

Berstad, A., Undseth, R., Lind, R., & Valeur, J. (2012). Functional bowel symptoms, fibromyalgia and fatigue: a food-induced triad? *Scand J Gastroenterol*, 47(8-9), 914-919.

Berstad, A., Raa, J., & Valeur, J. (2014). Tryptophan: 'essential' for the pathogenesis of irritable bowel syndrome? *Scand J Gastroenterol*, 8, 1-6.

Valeur, J., & Berstad, A. (2014). Sykdommer i fordøyelseskanalen. In A. A. Dahl, T. F. Aarre & J. H. Loge (Eds.), *Psykiske reaksjoner ved somatisk sykdom: symptomer, diagnostikk og behandling* (pp. 496-503) [Book in Norwegian]. Oslo: Cappelen Damm akademisk.

Berstad, A. & Valeur, J. (2014). Komorbiditet ved opplevd matintoleranse. [Article in Norwegian]. *Best Practice*, 6, 7-9.

Psychosomatics, hypochondria, cognitive therapy

Barsky, A. J., & Borus, J. F. (1999). Functional somatic syndromes. *Ann Intern Med*, 130(11), 910-921.

Wilhelmsen, I. (2002). Hypokondri og kognitiv terapi. [Article in Norwegian]. *Tidsskr Nor Lægeforen* 122, 1126-1129.

Wilhelmsen, I. (2005). Biological sensitisation and psychological amplification: gateways to subjective health complaints and somatoform disorders. *Psychoneuroendocrinology*, 30(10), 990-995.

Coping with grief and life crises

Bonanno, G. A. & Diminich, E. D. (2013). Annual Research Review: Positive adjustment to adversity – trajectories of minimal-impact resilience and emergent resilience. *Journal of Child Psychology and Psychiatry* 54:4 (2013), pp 378–401.

Charles L. Burton, Oscar H. Yan, Ruth Pat-Horenczyk, Ide S. F. Chan, Samuel Ho, George A. Bonanno. Coping Flexibility and Complicated Grief: A Comparison of American and Chinese Samples. *Depress Anxiety*. 2012 January; 29(1): 16–22. doi:10.1002/da.20888.

Dyregrov, K., Dyregrov, A., & Kristensen, P. (2014). Traumatic bereavement and terror: The psychosocial impact on parents and siblings 1.5 years after the July 2011 terror-killings in Norway. *Journal of Loss and Trauma*, 1-21. DOI:10.1080/15325024.2014.957603.

Stroebe, M. & Schut, H. (1999). The dual process model of coping with bereavement: rationale and description. *Death Studies*, 23:3, 197-224.

Bonanno, G. A., & Kaltman, S. (1999). Toward an integrative perspective on bereavement. *Psychol Bull*, 125(6), 760-776.